

# 21 DAYS OF PRAYER AND FASTING / JAN. 25

## TO APPLY, NOT REHASH, THE SERMON

This week we continue our journey together through *21 Days of Prayer and Fasting (21 DOPF)* as a church family. This week's guide will alternate between discussion(💬) as a whole group and praying(🙏) together in smaller groups. We want to maximize our time in corporate prayer, so please limit the discussion to a maximum of about 5–7 minutes per question.

### Group Discussion and Prayer

💬 **Check-in:** What's one thing God has been showing you during these 21 Days (needs, distractions, hunger)?

🙏 **Pray (7 minutes):** In smaller groups: Ask God to renew our hunger for him and to shape these days into real dependence (let's try short, one-sentence prayers).

💬 **Sermon Discussion:** In this weekend's sermon, we saw that God often uses the "thorn" to humble us and display that Christ's power is made perfect in weakness. **READ 2 Corinthians 12:7–10 together.** Where do you feel weak right now, and how are you tempted to think, "I got this" instead of depending prayerfully on God?

🙏 **Pray (7 minutes):** Thank God that his grace is sufficient, and ask him to meet one specific weakness with humble dependence this week.

💬 **Ephesians:** This year's 21 Days of Prayer and Fasting guide follows Paul's prayers in Ephesians and gives daily verses and prayer points to guide our praying. **READ Ephesians 4:22–24 together.** What's one "old self" pattern you need to put off right now, and what would it look like (practically, this week) to be "renewed in the spirit of your mind" and put on the "new self"?

🙏 **Pray (7 minutes):** Thank God for new life in Christ and for real renewal by his power. Confess the "old self" patterns (silently if needed) and ask for a clear next step of repentance.

💬 **READ Ephesians 4:31–32 together.** Which of these is most present or tempting for you right now: bitterness, wrath, anger, clamor, slander, malice? And how does the gospel ("as God in Christ forgave you") call you to respond differently?

🙏 **Pray (7 minutes):** Ask God to reveal where bitterness/anger has taken root and to give wisdom for real repentance. Pray that our small group and church body would be marked by visible kindness, compassion, unity, and love.

## PRAYING FOR ONE ANOTHER

**Stay in your smaller groups for this portion:**

🙏 **Pray (10 minutes):** Considering this week's sermon, what gospel truth are you most thankful for? Spend some time thanking God for what he has done for us in Christ.

🙏 **Pray (15 minutes):** Share your personal prayer requests. What do you want God to do in your life and in the lives of those you know? Share these desires with each other and pray for one another.